



## **PT or FT Lead Counselor Position for the HF Family Program® for LPC, LCPC, LCSW, & LMSW providers**

As a therapist, the goal of seeing kids in the office is for their long-term change. But is there anything worse than spending hours with kids in your office knowing they go home to environments that won't help to support their changes?

At Healthy Foundations® our parent-centered program typically sees amazing results in the kids (and parents) within the first 30 days of working with a family—and usually after the first week! We are looking for PT or FT lead counselors for our HF Family Program® who want to be a part of the solution that changes families for generations.

Here is what one mom recently said after completing the 90-day intensive in-home HF Family Program® a year ago:

*I was looking for residential for an 8-year-old and feeling like a failure. Now I have a home I want to live in with people I am glad to spend time with. The three months of intense work was hard, but incredibly bonding and effective—more than any "discipline strategy" I have ever tried. Yes, I have tried ALL of them. The foundations of the program are really well named because once kids have the basics, the rest of healthy relationships naturally follow. My youngest came to me last week and we talked about the tools she is using for emotional regulation that are helping her that she didn't have access to before. At first, she thought it was some kind of magic. Now she was able to pinpoint her skills! Both kids have grown so much! Our home is much more peaceful. Our moods are lighter. I do not feel hopeless. I feel my kids have a real chance! Is it perfect? No. Both my kids still have issues, but now I have the confidence to manage them with love and firmness and with what they need: connection."*

People who love this job and do well at it:

- Believe that parents are the best ones to guide their children
- Can see solutions to complex situations
- Are not afraid to direct and guide
- Have lots of smiles with a positive, up-beat attitude
- Walk beside the parents in their journey
- Are constantly striving to be better equipped and efficient guides
- Love being free from the typical 9-5 office grind

Our typical hiring process for heroes (after submitting a cover letter, resume, and 3 professional references):

- Office Manager will contact you within 2 business days for you to submit an informal video answering 3 questions
- Office Manager schedules a phone interview to make sure the position is a good fit
- References are checked
- Meet the owner and founder of the HF Family Program®, Dr. Michelle Alden
- Employment letter typically given within 2 business days

Timeline after hiring

- Certification in the Healthy Foundations Family Program. We will train you. This part-time training is typically completed in 1-2 weeks.
- After that you will be paid for direct client hours (including in-home training visits), staffings, and parent trainings. In-home training visits may happen for 1-2 weeks prior to being released to overseeing your own families.

This can be either a part-time or a full-time non-salaried position.

- Number of clients: Part-time = 1 or 2 families at a time; Full-time: no more than 5 families at one time
- Office: your home and your car is your office (tax write-off opportunity)
- Number of hours: Part-time = 10-15 direct client hours a week; Full-time: approximately 30 direct client hours a week (some more; some less)
- Flexible schedule, ability to work around personal commitments, includes some evenings and weekends, phone/text availability for parents
- Pay is \$50/hr for direct client hours, weekly staffings and client trainings (after certification).
- Mileage: we typically work with families within a 50-mile radius of Boise. We provide a \$20/day flat rate mileage reimbursement for home visits.

A qualified applicant must

- Have a clean background check
- Hold a current license in Idaho (or in the process of transferring from another state)
- Be self-motivated and organized as you will take an active role in treatment planning, program growth, and community services.

Benefits include:

- Training and certified in the HF Family Program®
- Safety training in Handle with Care®
- 24/7 access to our Learning Management System (LMS)
- Counseling office and supplies - available for clients on the side (minimal; optional)
- Paid time off (full-time position): 2 weeks annually (eligible 90 days after certification)

Healthy Foundations® is a community-based organization that provides the HF Family Program® and online parenting class as part of the Intensive Home and Community Based Services (IHCBS) of Optum Idaho.