



HF FAMILY PROGRAM® LEAD COUNSELOR CERTIFICATION PROGRAM

This program offers certification to provide the 90-day in-home HF Family Program. After completing the CE Course in Step 1, you will receive a free consultation with either Dr. Alden or the Office Manager to get you or your organization started with the HFFP Lead Counselor Certification process and answer any questions you have. Please note that we have an internship process for master level interns or licensed counselors who would like to pay less and get hands-on experience and will reduce the cost of the certification program immensely.

STEP 1: Healthy Foundations Family Program® CE Course (4-hour online CEU Course) - \$49 (on-demand)

For: any providers, counselors, or licensed professionals who are working with children, parents, or families.

Learn what it means to have a parent-centered approach, skill building for parents, and about working in the home with families. This course teaches the value of working with the whole family and gives critical skills to be able to teach the parents of the children you work with. A workbook is included as well as an opportunity to earn 4 CEUs in regards to family therapy training.

STEP 2: Free consultation with Dr. Alden or office manager.

For: those who have taken the CE Course and are interested in providing the Healthy Foundations Family Program®.

STEP 3a: Healthy Foundations Family Program® Lead Counselor Certification Package—hands on learning option—paid position while you learn

For: master's degrees in psychology, counseling or family therapy, social work, or related field--master's level.

This option is for those who commit to work as a part-time lead counselor at Healthy Foundations for 6 months. You will be on-boarded as a new hire and receive all the training necessary to work in the homes and implement the 90-day program with 1-3 families. At the end of 6 months you will be a certified Lead Counselor and be able to provide the Healthy Foundations Family Program through your own agency or offer to start it in another agency. **(There is an annual fee to stay current—see step 4).** Or you may choose to continue to be part of the Healthy Foundations team.

This package includes the following:

Personal contact with Dr. Alden:

- Staffing with Dr. Alden after you have completed the training requirements
- In person and in-home training
- As-needed support

Training videos (20+ videos)

- What to do in various situations with families
- Instructional videos on various aspects of the Family Program

Materials included

- Counselor Manual (100+ pages of information about all aspects of the Family Program)
- Parent Workbook
- Dr. Alden's book: *Parenting Emotionally Distressed Kids*

Additional resources

- Marketing tips and ideas

Materials available for your parents (optional):

- Dr. Alden's Parent Training video (35 minutes) - FREE for anyone
- HF Parent Workbook - \$25
- 4 Pre-program training videos for parents - FREE for you to give your parents

STEP 3b: Healthy Foundations Family Program® Lead Counselor Certification Package—initial training and technical assistance (\$10,000)

For: master's degrees in psychology, counseling or family therapy, social work, or related field--master's level.

This certification is for individuals who wish to work with families using the Healthy Foundations Family Program. We teach you the 90-day program and how to implement the program from start to finish.

This package includes the following:**Personal contact with Dr. Alden:**

- Webinar on how to run the HF Family Program in the home
- One-time Q&A with Dr. Alden after you have completed the training requirements
- As-needed support throughout the first year

Training videos (20+ videos with 3-month access)

- What to do in various situations with families
- Instructional videos on various aspects of the Family Program

Materials included

- Counselor Manual (100+ pages of information about all aspects of the Family Program)
- Parent Workbook
- Dr. Alden's book: *Parenting Emotionally Distressed Kids*

Additional resources

- Marketing tips and ideas

Materials available for your parents (optional):

- Dr. Alden's Parent Training video (35 minutes) - FREE for anyone
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STEP 4: Annual recertification process—individuals \$200/yr; agencies \$1,000/yr

Turning in the annual review form gives you continual access to our network which includes: your name on our website as a certified Family Program provider, referrals from us (as available), updates, and any newly developed curriculum and materials.